



# Savitri's Workshop Schedule 2020-2021

2020			
Date	Location	Workshop Title	Contact Info
Jan 24-26	Alive and Shine Center Bellevue, WA	<b><u>Respecting the Essence of Yoga</u></b> <b><u>Savitri Workshops</u></b> Sat, Jan 25 The Energetics of Respect	<a href="http://www.aliveandshinecenter.com">www.aliveandshinecenter.com</a> Email: <a href="mailto:info@aliveandshinecenter.com">info@aliveandshinecenter.com</a>
Jan 24–Apr 5	Alive and Shine Center Bellevue, WA	<b>Purna Yoga College® 200-hr Teacher Training (weekend format)</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>
Feb 1-2	Alive and Shine Center Bellevue, WA	<b>Journey to Love - Introduction to Heartfull® Meditation with Savitri</b>	<a href="http://www.aliveandshinecenter.com">www.aliveandshinecenter.com</a> Email: <a href="mailto:info@aliveandshinecenter.com">info@aliveandshinecenter.com</a>
Apr 13-25	Alive and Shine Center Bellevue, WA	<b>Purna Yoga College® 500-hr Teacher Training with Aadil Palkhivala and Savitri (Session 3 of 3)</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>
Apr 18-19	Alive and Shine Center Bellevue, WA	<b>Intermediate Immersion - Meditation with Savitri</b>	<a href="http://www.aliveandshinecenter.com">www.aliveandshinecenter.com</a> Email: <a href="mailto:info@aliveandshinecenter.com">info@aliveandshinecenter.com</a>
May 31-Jun 6	Sleeping Lady Resort Leavenworth, WA	<b>Purna Yoga™ Teachers Retreat with Aadil &amp; Savitri</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>
July 13-26	Alive and Shine Center Bellevue, WA	<b>Purna Yoga College® 500-hr Teacher Training (Session 1 of 3) with Aadil &amp; Savitri</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>
July 18-19	Alive and Shine Center Bellevue, WA	<b>Journey to Love - Introduction to Heartfull® Meditation with Savitri</b>	<a href="http://www.aliveandshinecenter.com">www.aliveandshinecenter.com</a> Email: <a href="mailto:info@aliveandshinecenter.com">info@aliveandshinecenter.com</a>
July 25-26	Alive and Shine Center Bellevue, WA	<b>Understanding &amp; Healing the Ego in Yourself &amp; Others – Heartfull® Meditation workshop with Savitri</b>	<a href="http://www.aliveandshinecenter.com">www.aliveandshinecenter.com</a> Email: <a href="mailto:info@aliveandshinecenter.com">info@aliveandshinecenter.com</a>
Oct 5-17	Alive and Shine Center Bellevue, WA	<b>Purna Yoga College® 500-hr Teacher Training with Aadil and Savitri (Session 2 of 3)</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>
Apr 5-17	Alive and Shine Center Bellevue, WA	<b>Purna Yoga College® 500-hr Teacher Training with Aadil &amp; Savitri (Session 3 of 3)</b>	<a href="http://www.purnayoga.com">www.purnayoga.com</a> Email: <a href="mailto:info@purnayoga.com">info@purnayoga.com</a>

**Purna Yoga® with Aadil Palkhivala and Savitri**

[www.purnayoga.com](http://www.purnayoga.com); [www.aadil.com](http://www.aadil.com); Email: [aadil@aadil.com](mailto:aadil@aadil.com)

Alive & Shine Center, 2255 - 140th Ave NE, Suite F, Bellevue, WA 98005, USA. Phone: 001- 425-885-7026